

# Who Am I? - - Considering Abstinence

Michigan Merit - HIV and other STIs Prevention

6.5 Analyze common behaviors and situations to eliminate or reduce risks related to HIV and other STIs.

## USE:

Allows adolescents and preteens to consider things that can be done to show affection without the risk of pregnancy or disease. Provides movement, talking, and presentation of many different activities that are safe and appropriate for young people.

## PREPARATION:

Print name tags with items written or typed on them that indicate actions that are safe and appropriate for young people that provide no risk for infection or pregnancy. Using a database and labels that are 3 1/3 " x 4" allows the activity to be duplicated quickly for each class. There should be enough different labels so that each student has a different "safe action". May use hanging nametags and place cards inside with the item written on it. These nametags will simply hang in the back and then are moved to the front. This will save printing more stickers, but the strings get tangled.



## IMPLEMENTATION:

**Step # 1:** Place one tag/sticker on the back of each student without allowing him or her to see what was placed on their back.

**Step # 2:** Instruct others in the class not to tell anyone what has been placed on their back. The rules of the game are as follows:

- Move about the room
- Ask each person **two yes/no** questions to find out what is placed on your back
- Move from person to person, asking yes/no questions until you guess what you are
- Once you have guessed -- Become a "Free Agent":
- Move your sticker to the front
- As a free agent you may now give **one clue** to each person to help them guess

Writing a Letter	Be Best Friends	Arm Around Shoulder	Long Bike Ride
Holding Hands	Play Music	Play a Game	Spend Time Together
Flowers	Have picture taken	Go Shopping	Walk in country
Massage	Special Song	Cook a Meal	Burn a CD of Favorite Songs
Dance	Watch T.V.	Picnic	Snuggle
Phone Call	Kissing	Instant Message	
Go to Concert	Hugging		
Do Homework	Talk	Give Candy	Taking A Walk
Go to Library	Listen	Poem	Say, "I love you"
Exercise Together	Meet Family	Movies	Fun

## Who Am I?

Move about the room

Ask each person **two yes/no** questions to find out what is placed on your back



Move from person to person, asking yes/no questions until you guess what you have on your back

Once you have guessed -- Become a "Free Agent"

As a Free Agent: Move your sticker to the front

As a free agent you may now give **one clue** to people to help them guess